Marshall Space Flight Center

November 1, 2026

	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
Sizzle Breakfast sunrise café breakfast treats	Pancakes, Blueberry Pancakes, Chocolate Chip	Pancakes, Blueberry Pancakes, Chocolate Chip	Pancakes, Chocolate Chip Pancakes, Blueberry	Pancakes, Chocolate Chip Pancakes, Blueberry	Pancakes, Chocolate Chip Pancakes, Blueberry
Sizzle american grille backyard classics	Fish Sandwich	Italian Meatball Sub 6"	Italian Meatball Sub 6"	Italian Meatball Sub 6"	Italian Meatball Sub 6"
Pies carta classico italian specialties	Veggie Pizza 16" Classic Cheese Pizza 16" Classic Pepperoni Pizza (16") BBQ Chicken Pizza 16"	Classic Pepperoni Pizza (16") BBQ Chicken Pizza 16" Veggie Pizza 16" Classic Cheese Pizza 16"	Sausage Pizza 16" Classic Pepperoni Pizza (16") Classic Cheese Pizza 16" Veggie Pizza 16"	Supreme Pizza, 16" Classic Pepperoni Pizza (16") Veggie Pizza 16" Classic Cheese Pizza 16"	Supreme Pizza, 16" Classic Pepperoni Pizza (16") Veggie Pizza 16" Classic Cheese Pizza 16"
Culinary Classics culinary classics our secret recipes	Chicken Parmesan Au Gratin Potatoes French Style Green Beans Carrots White Dinner Rolls Apple Cobbler Linguine		Fried Pork Chop Macaroni and Cheese Baked Apples (Smart Cuisine) Seasoned Pinto Beans Turnip Greens White Dinner Rolls Apple Cobbler		Line Closed Today
Boar's Head Deli delicious quick picks	Turkey Ranch Club Wrap	Turkey Ranch Club Wrap	Turkey Ranch Club Wrap	Turkey Ranch Club Wrap	Turkey Ranch Club Wrap
The Showplace the showplace recipe of the day		Taco Salad, Shells 12 " Taco Meat Mexican Chicken Meat Refried Beans Spanish Rice		MSFC Chicken Wrap	
TrueHouse Market market to go quick picks	Banana Pudding Chipotle Chicken Wrap Grilled Chicken Caesar Salad Yogurt Parfait w/ Blueberries Fruit Cup 8 oz Buffalo Tender Wrap Cold Cut Sandwich on Wheat Roll Side Salad Vanilla Pudding Cup Chef Salad	Vanilla Pudding Cup Fruit Cup 8 oz Buffalo Tender Wrap Yogurt Parfait w/ Blueberries Banana Pudding Grilled Chicken Caesar Salad Club Sub Side Salad Chef Salad Fresh Grapes	Fruit Cup 8 oz Chef Salad Banana Pudding Chocolate Pudding Cup Side Salad Fresh Grapes Club Sub Grilled Chicken Caesar Salad Yogurt Parfait w/ Fresh Strawberry & Granola	Side Salad Banana Pudding Fruit Cup 8 oz Club Sub Buffalo Tender Wrap Grilled Chicken Caesar Salad Vanilla Pudding Cup Fresh Grapes Chef Salad Yogurt Parfait w/ Blueberries	Grilled Chicken Caesar Salad Fresh Grapes Buffalo Tender Wrap Chef Salad Club Sub Side Salad Yogurt Parfait w/ Fresh Strawberry & Granola Fruit Cup 8 oz Chocolate Pudding Cup Banana Pudding

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.